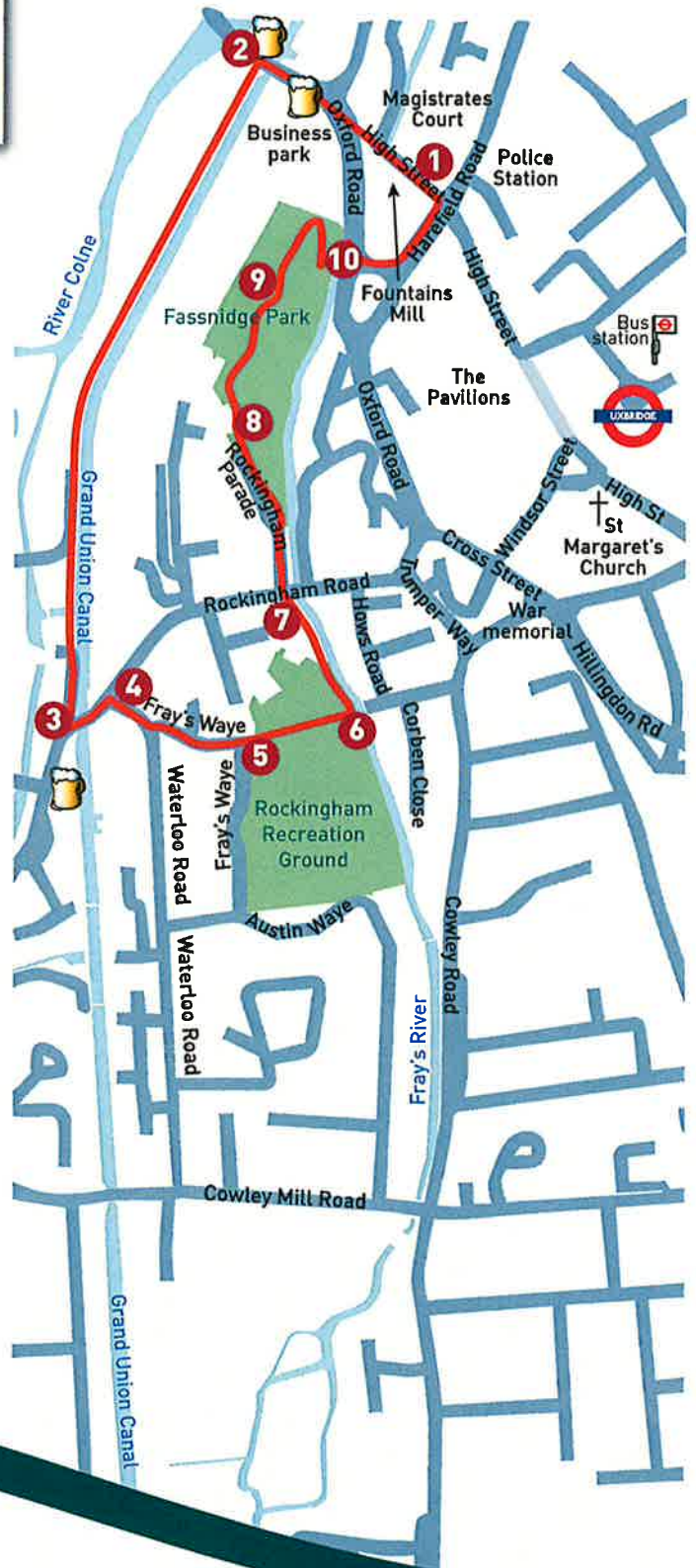


# Uxbridge walk 1

A short circular walk of approximately 1.5 miles that takes in 2 attractive parks and a section of the Grand Union canal. The route starts and ends at Uxbridge High Street but can be joined at any point.

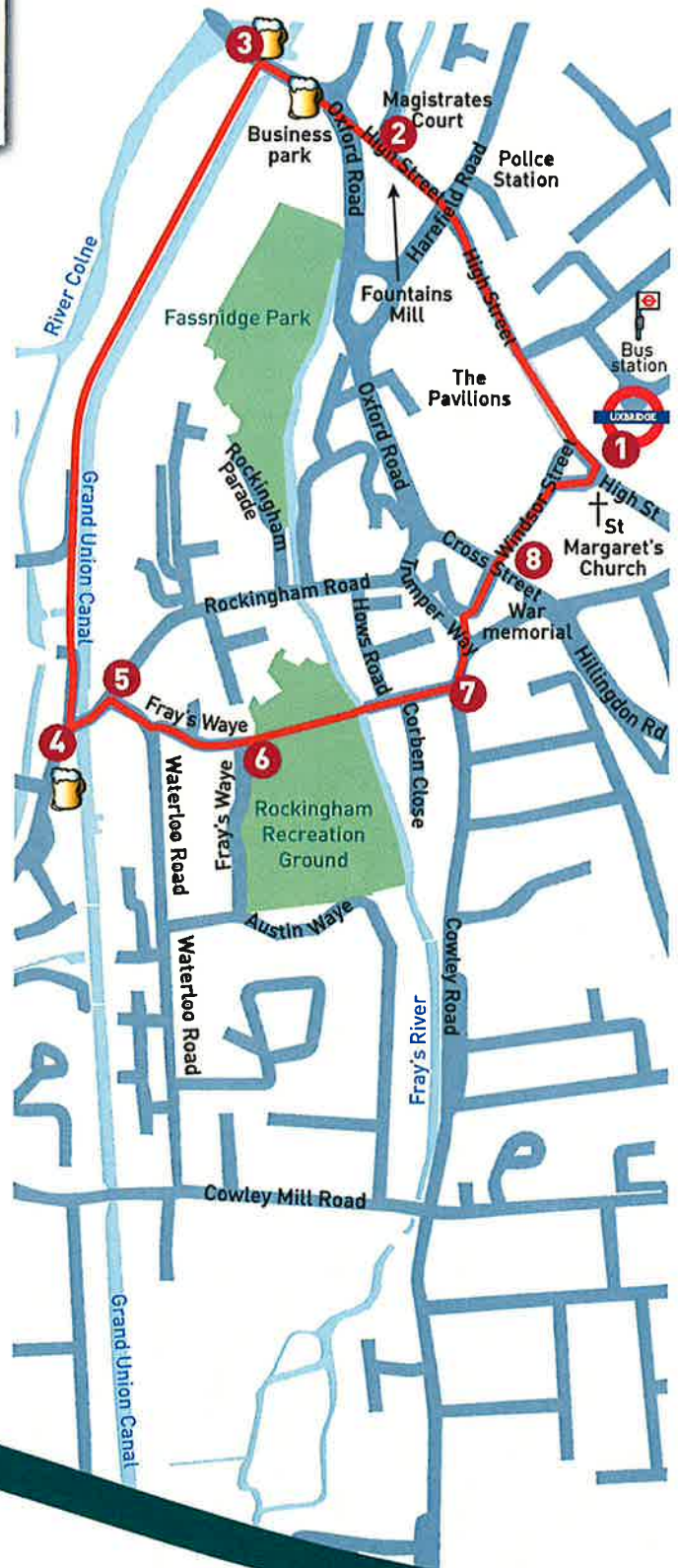
- 1 Start on the High Street at the bottom of Harefield Road. Walk along High street, past Fountains Mill Young People's Centre on your left. Cross the road towards the Crown and Treaty pub and continue to walk over the canal road bridge.
- 2 At the Xerox offices turn sharp left onto the path in front of the offices. Proceed through a single gate and turn right onto the canal tow path.
- 3 Exit to the slope and proceed left over the bridge along Rockingham Road.
- 4 At the Dolphin pub, cross over the road and proceed along Waterloo Road, Then branch left into Fray's Way.
- 5 Enter Rockingham Recreation Ground and follow the pathway directly across the park.
- 6 At end of path turn left, Fray's River will be on your right. Proceed out of the park via car park.
- 7 Walk across the road into Rockingham Parade. Directly in front of you, you will see Fassnidge Park gates.
- 8 Enter Fassnidge Park, you will see an orientation board on the right of the gates.
- 9 Keep to the left hand path with the bandstand on your right.
- 10 At Oxford Road crossing, pass the Atrium offices on the left. Follow the road to the next crossroads and Uxbridge High Street.



# Uxbridge walk 2

A short circular walk of approximately 1.5 miles that takes in historic Windsor Street and a section of the Grand Union canal. The route starts and ends at Uxbridge High Street but can be joined at any point.

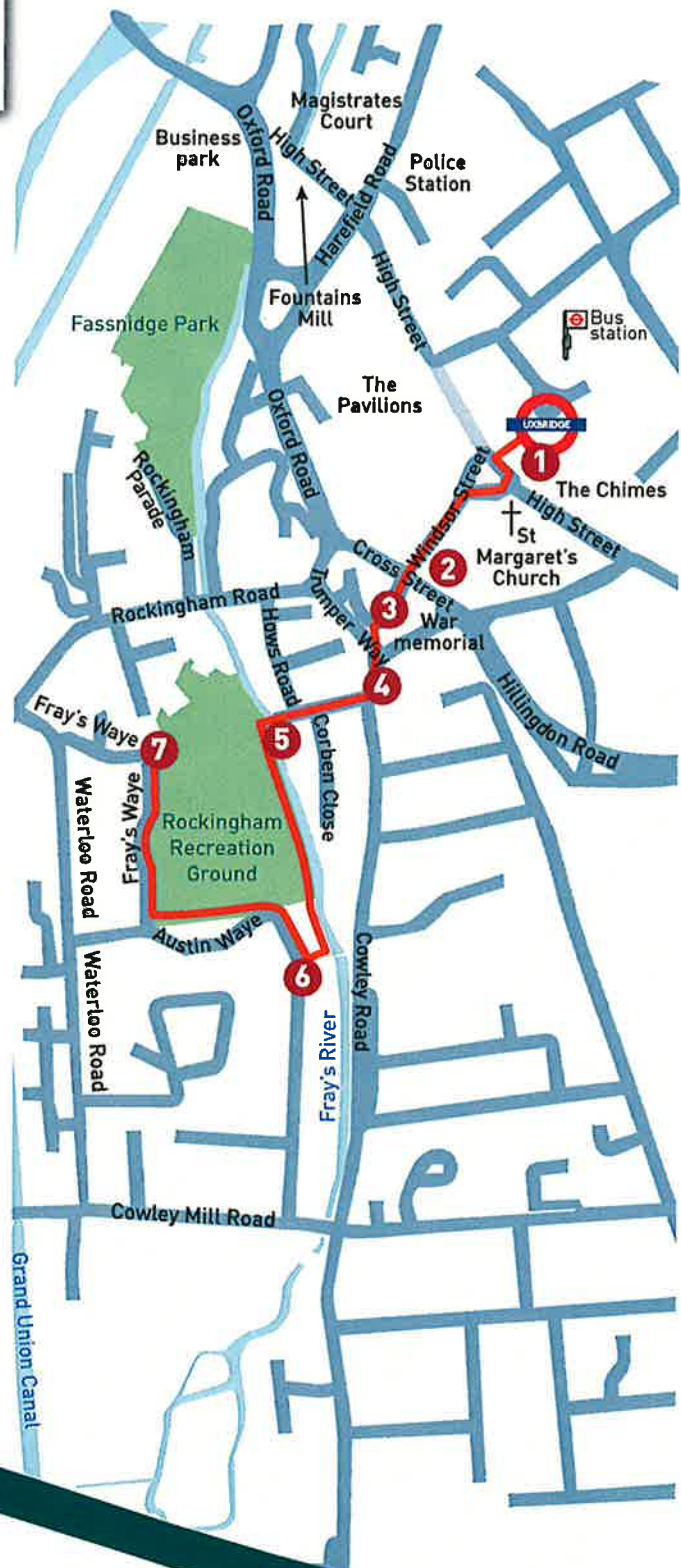
- 1 Turn right out of Uxbridge Station and walk through Uxbridge High Street, passing the Pavilions Shopping Centre on your left hand side.
- 2 Cross Harefield Road and continue past Fountains Mill Young People's Centre on your left. Cross the road towards the Crown and Treaty pub and continue to walk over the canal road bridge.
- 3 Enter the Swan and Bottle pub car park and turn right onto the Grand Union canal towpath.
- 4 Exit to the slope and proceed left over the bridge along Rockingham Road.
- 5 At the Dolphin pub, cross over the road and proceed along Waterloo Road, Then branch left into Fray's Way.
- 6 Enter Rockingham Recreation Ground and follow the pathway directly across the park.
- 7 Exit left via Wellington Road and head towards the traffic lights at Marjacks roundabout. On your right hand side there is a war memorial to commemorate those lost from Uxbridge during both World Wars
- 8 Cross over at the traffic lights and you will enter the oldest part of Uxbridge, Windsor Street. Continue up the road, past St Margaret's Church. You will see Uxbridge Underground station in front of you.



# Uxbridge walk 3

A short walk of less than a mile that starts outside Uxbridge Underground station and takes in historic Windsor Street with a final loop around Rockingham recreation ground.

- 1 Start at Uxbridge Underground Station. This is on the Piccadilly and Metropolitan Lines and was originally built identically to Cockfosters Station at the other end of the line. Head straight into Windsor Street, the oldest part of Uxbridge, past St Margaret's church.
- 2 At the end of the road cross over at the traffic light.
- 3 Walk across the roundabout. On your left you will pass a war memorial commemorating those lost from Uxbridge during both World Wars.
- 4 Cross Trumper Way and head down Cowley Road, turning right into Wellington Road.
- 5 The Ivy Leaf Social club is on your right hand side. Cross the footbridge over Fray's River. Enter Rockingham Recreation Ground and turn left along the perimeter, following the man-made Fray's River which runs the mills at Little Britain, West Drayton.
- 6 You will come to a mini roundabout in the pathway; turn right and follow the pathway to the right around the perimeter of the park.
- 7 Exit Rockingham Recreation Ground at Fray's Way.



# Uxbridge walk 4

A longer circular walk of just under 4 miles that can start and end in Uxbridge High Street or at other key points. The walk crosses Rockingham recreation ground and then along the Grand Union canal before turning back along the River Colne to rejoin the canal and return to Uxbridge.

- 1 From Uxbridge Station, head straight into Windsor Street. Pass St Margaret's church and walk to the end of the road. Cross the street to the War Memorial on the roundabout.
- 2 At the War Memorial, cross Trumper Way and head down Cowley Road, turning right into Wellington Road.
- 3 Cross the footbridge over Fray's River. Enter the park and follow the path straight ahead across the park, then left along the perimeter.
- 4 Turn right into Austin Way and then left into Waterloo Road.
- 5 At the end of the road turn right across the bridge and cross the road. Go down the steps and walk along the Grand Union canal towpath.
- 6 Exit the towpath and turn right onto Iver Lane. Bear right onto the London Loop public footpath U65. Proceed through the kissing gate and follow the path along the River Colne.
- 7 Go through the gate to Longbridge Way. At Cowley Mill Road cross over into Culvert Lane and turn left when you reach the towpath.
- 8 At bridge 185 leave the towpath via the steps and cross the main road towards the Swan and Bottle pub. Turn onto Oxford Road and cross the canal bridge. Continue past the Crown and Treaty pub.
- 9 At Fountains Mill Young People's Centre head straight up the High Street towards the main shopping precinct and Uxbridge Station.

